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Epidemiology for Athletic Trainers: Integrating Evidence-Based Practice

By Wanda Swiger, Melanie M. Adams

SLACK Incorporated, United States, 2016. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book. Evidence-based practice requires clinicians to be knowledgeable of the current standards of care and be willing to consider the effectiveness of new methods. Athletic Trainers especially must understand how epidemiology shapes healthcare practices for physically active patients. To meet this need, *Epidemiology for Athletic Trainers: Integrating Evidence-Based Practice* is a succinct and comprehensive reference meant to develop and refine student and clinician evidence-based practice skills. This text addresses the prevalence, risk factors, and surveillance of sports-related injury and illness at youth, college, and professional levels. Inside *Epidemiology for Athletic Trainers: Integrating Evidence-Based Practice*, Drs. Wanda Swiger and Melanie M. Adams guide the reader through the steps of evidence-based practice by presenting basic research and statistical methods needed to read medical literature. Key sport epidemiology studies are reviewed for both historical and clinical significance. This foundation is built on with a deeper discussion of injury and illness prevention and future research. Chapters cover a wide range of topics including the health benefits of physical activity, concussion return to play guidelines, ACL prevention, mental health concerns, and skin infections. This text provides an...



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