

The Irish Kitchen: Ingredients, Techniques and Over 70 Traditional and Authentic Recipes



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Reviews

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(Esperanza Pollich)

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Hermes House. Paperback. Book Condition: new. BRAND NEW, The Irish Kitchen: Ingredients, Techniques and Over 70 Traditional and Authentic Recipes, Bidy White Lennon, Georgina Campbell, This book helps you discover the best of classic and modern food from Ireland: the traditions, locations, ingredients and preparation techniques, with more than 400 photographs in total. It includes a comprehensive guide to choosing and using Irish ingredients, featuring a full range of harvest fruits, fish and shellfish, meats and game and vegetables. Chapters include breakfasts, soups and appetizers, fish and shellfish, meat, poultry, cakes and desserts and drinks, so you will find a dish for any occasion. This collection of over 70 traditional recipes draws on every aspect of Irish cuisine and includes smoked salmon with warm potato cakes, bacon chops with apple and cider sauce, and a comforting, classic Irish stew. It contains easy-to-follow step-by-step instructions, informative cook's tips and variations, plus a useful nutritional breakdown for every recipe. This beautifully photographed volume brings together the rich and varied ingredients, culinary customs and traditional recipes of Ireland. It opens with a fascinating introduction to the history of Irish food and cooking. A comprehensive guide to the Irish kitchen then looks at culinary specialities, including dairy products, breads and bakes. The collection of recipes captures the home-cooked taste of Irish cooking. The book features such regional classics as beef and Guinness casserole, rich, fruity porter cake and Gaelic coffee. This is the perfect volume for anyone who is interested in the traditions of this wonderful country and for those who wish to experience good wholesome food.



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