



# Theos Bernard, the White Lama: Tibet, Yoga, and American Religious Life

By Paul G. Hackett

Columbia University Press, United States, 2014. Paperback. Book Condition: New. 220 x 144 mm. Language: English . Brand New Book. In 1937, Theos Casimir Bernard (1908-1947), the self-proclaimed White Lama, became the third American in history to reach Lhasa, the capital city of Tibet. During his stay, he amassed the largest collection of Tibetan texts, art, and artifacts in the Western hemisphere at that time. He also documented, in both still photography and 16mm film, the age-old civilization of Tibet on the eve of its destruction by Chinese Communists. Based on thousands of primary sources and rare archival materials, Theos Bernard, the White Lama recounts the real story behind the purported adventures of this iconic figure and his role in the growth of America's religious counterculture. Over the course of his brief life, Bernard met, associated, and corresponded with the major social, political, and cultural leaders of his day, from the Regent and high politicians of Tibet to saints, scholars, and diplomats of British India, from Charles Lindbergh and Franklin Delano Roosevelt to Gandhi and Nehru. Although hailed as a brilliant pioneer by the media, Bernard also had his flaws. He was an entrepreneur propelled by grandiose schemes, a...



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