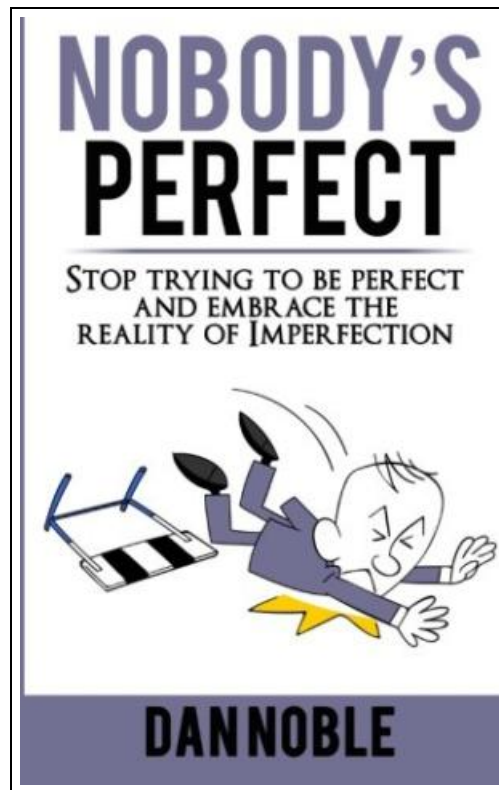


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CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 306 pages. Dimensions: 8.0in. x 5.0in. x 0.7in. **Nobodys perfect: Stop trying to be perfect and embrace the reality of Imperfection** Have you ever wondered why life is so much more fun when we stop trying to be perfect This became the motivation for me to write this book as I was fascinated by how hard people were trying to be perfect rather than working on becoming themselves. This book is intended to be an exceptionally delicate yet exhaustive manual which shows that being full of mistakes and imperfections only proves that you are human and are real. It contains stories of people who have struggled with and finally accepted the force of grasping imperfection and vulnerability. Notably, achieving a state of self-belief and acceptance of imperfections can be a daunting task but it can be honed and learned through determination. This book contains proven steps and strategies of how to embrace vulnerability and acknowledge that vulnerability is not weakness. Markedly, being an imperfectionist does not mean doing things wrong or in a manner which is below standard. Imperfectionists only achieve a hard-won objective of harmony between work and life to guarantee enough time is gone through with the individuals (or exercises) that matter most to us, and having a worthy level of work to meet our monetary and sense of self needs. This book contains an in-depth analysis of imperfectionists, who they are, the genuine outcomes of their actions and seven brilliant tips that can be utilized to help embrace life as an imperfectionist. If I may confess, I am a recovering perfectionist myself. So, I hope this book will enable you to take everything that Ive learned from years of studying imperfection to expand and almost...



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