



Diabetes Savvy Recipe Book: Healthy Diet for Enjoyable Eating (Paperback)

By Angel Woodard

Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Tired of eating the same bland foods because of your health condition? If you find yourself in this situation, help is on the way. Your menu is about to experience a total transformation. Introducing Diabetes Savvy Recipe Book, a cookbook with delicious, exciting and nourishing meals to help stabilize your blood sugar level as well as keep you feeling full while keeping hunger at bay. In this book, you will find: Useful tips to help you choose foods that are diabetes friendly How to manage diabetes effectively for a sustainable living and Renew your faith in living a fulfilled life not minding your health challenge You ll find recipes for: Soups Main dishes Side dishes Appetizers and Snacks Grab this book and be on your way to a healthy lifestyle TAGS: The diabetic cookbook, diabetes solution, diabetes diet for weight loss, diabetes diet book, diabetes diet recipes, diabetes diet powerful recipes to help reverse your diabetes, diabetes diet and nutrition, diabetes diet recipe books, diabetic recipes, diabetic desserts, diabetic living, diabetic menu and recipes, diabetic cookbook on kindle, diabetic kids snacks, diabetic...

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