



Encyclopedia of Counseling (Hardback)

By -

SAGE Publications Inc, United States, 2008. Hardback. Condition: New. New. Language: English . Brand New Book. Selected as an Outstanding Academic Title by Choice Magazine, January 2010 Counseling is a professional activity that involves helping clients, individually or in groups, or as couples and families, deal with various career, vocational, educational, and emotional problems. From the depressed and lonely college student to the business executive at midlife experiencing decreasing levels of career satisfaction to the couple where one partner has been unfaithful in the relationship, counseling is the intervention that numerous individuals turn to each year as the challenges and stress of daily living exceed their normal coping abilities. Counseling is practiced by counselors, social workers, psychiatric nurses, psychologists, and psychiatrists. Counseling is to be differentiated from psychotherapy in that the latter deals more with mental illnesses and psychological disorders while the former is more concerned with normative stresses, adjustment difficulties, and life transitions (e.g., adjusting to unemployment or going through a divorce). The Encyclopedia of Counseling will be the definitive resource for members of the public who are interested in learning about the science and practice of counseling. It will also be a useful resource for undergraduate and graduate...



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