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By MR K M Kassi

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. If you stumbled across the description of this book, you yourself are either searching for tastier food options as a diabetic or you are helping a loved one regain their sense of taste once again. Being a diabetic is not a lot of fun, but I guarantee that this book could be just the start in transforming that negative mindset! Diabetics have to watch what they consume to literally thrive and survive! But many of us assume that means parting ways with tasty edibles that we once feasted on. This book by no means has all the answers to recipes that can satisfy your everyday hunger pains and cravings, but it is a great beginning! Who doesn't like to start their mornings off with a smooth-sailing? Or pair their lunch breaks with something delectable to sip on? There are smoothies of all kinds out there, but for you diabetics, this recipe book is LOADED with ones just for you! From simple to complex, salty to sweet, light to rich, there is a smoothie recipe tucked away in this book for...

Reviews

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Read Write Inc. Phonics: Yellow Set 5 Storybook 7 Do We Have to Keep it?

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Klara the Cow Who Knows How to Bow (Fun Rhyming Picture Book/Bedtime Story with Farm Animals about Friendships, Being Special and Loved. Ages 2-8) (Friendship Series Book 1)

Createspace, United States, 2015. Paperback. Book Condition: New. Apoorva Dingar (illustrator). Large Print. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Klara is a little different from the other cows, because she has a very special...