



## The Wandering Mind: What the Brain Does When You're Not Looking (Paperback)

By Michael C. Corballis

The University of Chicago Press, United States, 2016. Paperback. Condition: New. Reprint. Language: English . Brand New Book. If we've done our job well and, let's be honest, if we're lucky you'll read to the end of this description. Most likely, however, you won't. Somewhere in the middle of the next paragraph, your mind will wander off. Minds wander. That's just how it is. That may be bad news for me, but is it bad news for people in general? Does the fact that as much as fifty percent of our waking hours find us failing to focus on the task at hand represent a problem? Michael Corballis doesn't think so, and with *The Wandering Mind*, he shows us why, rehabilitating woolgathering and revealing its incredibly useful effects. Drawing on the latest research from cognitive science and evolutionary biology, Corballis shows us how mind-wandering not only frees us from moment-to-moment drudgery, but also from the limitations of our immediate selves. Mind-wandering strengthens our imagination, fueling the flights of invention, storytelling, and empathy that underlie our shared humanity; furthermore, he explains, our tendency to wander back and forth through the timeline of our lives...



**READ ONLINE**  
[ 5.08 MB ]

### Reviews

*This is actually the very best book i actually have read till now. This is for all those who statte that there was not a worth studying. Its been written in an remarkably straightforward way which is merely following i finished reading this publication by which in fact altered me, modify the way i believe.*

-- **Mr. Jeremy Leuschke IV**

*A new electronic book with an all new standpoint. It usually fails to charge too much. Its been printed in an exceedingly basic way in fact it is simply following i finished reading this book through which basically altered me, affect the way in my opinion.*

-- **Dr. Amie Bogisich**