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THE 14-DAY DETOX DIET: CLEANSE AND BOOST YOUR SYSTEM IN JUST TWO WEEKS

Anness Publishing. Paperback Book Condition: new. BRAND NEW, The 14-day Detox Diet: Cleanse and Boost Your System in Just Two Weeks, Maggie Pannell, Cleanse and boost your system in just two weeks. Lose weight the simple way, with 90 step-by-step recipes. It helps you how to renew your body and mind, with 500 photographs. It includes recipes range from soups, smoothies and breakfast ideas to sustaining salads, healthy fish and poultry dishes, and tasty desserts, each crammed with nutrients and...

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- Authored by Maggie Pannell
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