



## New Year, Better Me: Three Books in One (Paperback)

By Julia Press Simmons

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Combined. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.I combined Fuck It, I m Fat: My Weight Loss Journey, Oh Shit, I lost Some Weight: 60 lbs in 6 Months, and 45 Days To Badass: Fitness Motivation into one book to tell my journey to a healthier lifestyle more effectively, and hopefully help the like minded. Fuck It, I m Fat Mission. MY BIG AND SEXY HAS BECOME BIG AND DEADLY Well, actually, it has been deadly for quite some time. I was diagnosed with diabetes in 2005, but I ve been fat-as-fuck since forever. I ve lived a hard life, and food has always been my source of comfort. Whenever I d go through something, anything, I d eat, and eat, and eat. It didn t matter if I was full, I didn t eat to get full, I ate to feel better and it never ever worked. Oh Shit, I Lost Some Weight Oh, Shit I Lost Some Weight is the story of the greatest fight of my life. My father passed away approximately a year after I published Fuck it, I m Fat, and...



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14 Hands Press, United States, 2013. Paperback. Book Condition: New. 198 x 132 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Have you ever told a little white lie? Or maybe a bigger one that wasn't even white?...



### **Becoming a Spacewalker: My Journey to the Stars (Hardback)**

Purdue University Press, United States, 2014. Hardback. Book Condition: New. 284 x 216 mm. Language: English . Brand New Book. This nonfiction picture book is a children's version of NASA astronaut Jerry L. Ross's autobiography, Spacewalker: My Journey in Space...



### **I Want to Thank My Brain for Remembering Me: A Memoir**

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