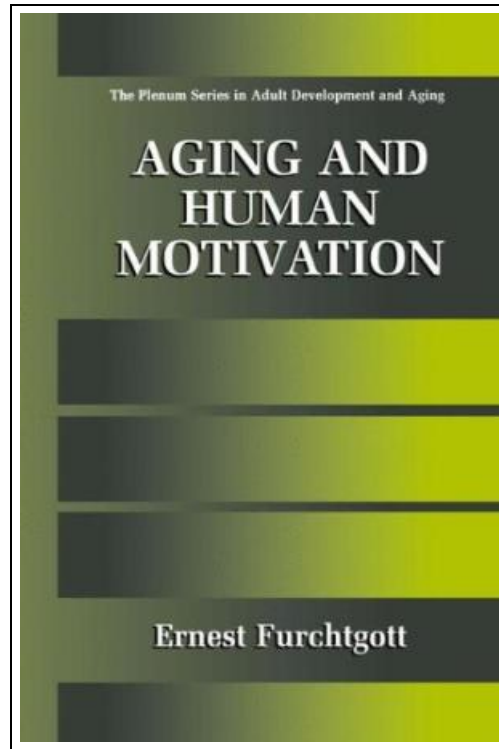


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Book Condition: New. Publisher/Verlag: Springer, Berlin | I first met Ernest Furchtgott twenty-five years ago after joining the faculty of the College of Social Work at the University of South Carolina. At that time, Ernie chaired the Department of Psychology. In the following three years we collaborated with an Academic Committee on Gerontology in conceptualizing and shaping the University's Certificate of Graduate Study in Gerontology Program, guiding it to final approval by the South Carolina Commission on Higher Education. For twenty years we team taught our graduate-level course, "Psychosocial Approaches to Gerontology," involving colleagues from related disciplines. Over the years, we examined and jointly graded hundreds of research posters prepared by our graduate students in gerontology as their final course requirement. Several years ago, Ernie formally retired from the university. He instantly agreed to my request that he continue teaching the psychology of aging portion of our interdisciplinary course. On campus nearly every day since retirement, Ernie frequently telephoned to discuss a recent article in *The Gerontologist* or a paper presentation that had excited him at the Gerontological Society's annual scientific meeting. He maintained a clear presence in the academic community. | 1: Introduction. Why This Monograph? Motivation. Definitions of Aging Our Focus. Reprise. 2: Biological Foundations. Introduction. Cerebral Metabolism. Neurotransmitters. The Endocrines. The Immune System. Cardiovascular Functions. Conclusions. 3: Sleep and Fatigue. Sleep. Summary. Fatigue. Summary. 4: Pain and Discomfort Avoidance. Introduction. Motivational-Emotional Aspects. Perception and Measurement of Pain. Interpretation of Symptoms. Culture. Personality. Conclusions. 5: Eating and Drinking. Introduction. Eating. Drinking-Fluid Intake. Conclusions. 6: Sexuality. Introduction. Biology. Culture. Surveys. Physical Health and Psychological Wellness. Conclusions. 7: Health Behaviors. Introduction. Definitions. The Role of Motivation. Theoretical Underpinnings. Perception of Health Status. Health Care Services Utilization. Health Promotion and Preventive Health Behaviors. Conclusions. 8: Stress. Introduction. Definitions....



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