

## 2011 Weekly Planner: For the Weekend Gourmet Gardener

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## Reviews

The book is fantastic and great. It is loaded with knowledge and wisdom You are going to like the way the article writer create this ebook. (Amaya King)

## 2011 WEEKLY PLANNER: FOR THE WEEKEND GOURMET GARDENER



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Createspace, United States, 2011. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. 2011 Weekly Planner for the Weekend Gourmet Gardener by Sylvia LeDoux is a hands on weekly planner. Each week is a spread that features a herb, vegetable, fruit or fruit tree that you can learn to grow! Each week s featured plant has daily text with information on how to grow, harvest or use a large variety of garden plants. There is a wealth of information in this planner including the nutritional and medicinal qualities of each featured plant. It is not expected that you grow everything in this book at once, only to gain its knowledge and learn from it over the course of the year. This book contains ideas and concepts that make you a leaner and greener part of this world! Take the time to read each daily text as you use this planner. You will gain knowledge to grow, harvest and use health promoting herbs, vegetables and fruit. The key to health reform in this nation is not to change policy, but to become proactive in our own lives. Composting and growing food near home only makes sense. Walk out your door and eat the freshest harvest that you possibly can! This in your hands book will not get lost in cyberspace and the notes you make will make it an heirloom. Gain knowledge of concepts such as permaculture and gray water usage. Growing recyclable and renewable products gives your life more purpose! We can all create paradise on Earth if we only focus on the task! Sylvia LeDoux, Author of Understanding Our Epidemic I wrote my first book to make people aware of the causes of the growing health problems in the...

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