



Forty-two style Taijiquan (national martial arts coach and national athletes Taiji GB Action(Chinese Edition)

By QIAO BIAO . HOU WEN

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date: Unknown Pages: 108 in Publisher: Henan Science and Technology Press Basic Information Original Price: 28.00 yuan Author: Joe blaze Hou Wen. Press: Henan Science and Technology Press ISBN: 9787534949593 Pages: 108 Edition: 1 Binding: Paperback Folio: 16 Published :2013-1-1 Printing time: Words: 65000 product identification: 22923094 Description 48-style Taijiquan Taijiquan most popular routines. Following the 24-style Taijiquan. the China State Sports Commission in 1979 and specialized organization specialists have compiled a record 48-style Taijiquan. as a 24-style Taijiquan continue and improve. not counting potential and income potential. the action than 20 style Taijiquan is more than doubled. increasing the amount of exercise and diversity. enrich and complete. Footwork on the 48-style Taijiquan stable Brisk based on drawing genre Vu Thi. Sun withdrawal step. with step-by-step training method to increase the flexibility of the footwork. In this way. the entire Taijiquan even more success in the smooth. About the Author Joe blaze. a national martial arts coach. Gold coach. national referee. Master Instructor. a member of the Chinese Wushu Association. a member of the Science Society of...

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