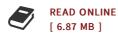




The Herbal Epicure: Growing, Harvesting, and Cooking Healing Herbs

By Ottesen, Carole

Wellspring/Ballantine, 2001. Book Condition: New. Brand New, Unread Copy in Perfect Condition. At Customer Service! Summary: Lavender oil to help you sleep--and for a deliciously soothing creme brulee . . . fennel to aid digestion--and for a refreshingly cool salad with apple . . . garlic to cure infections--and for a great chunky gazpacho with lemon balm . . . dandelion as an effective blood purifier--and for a tasty lasagna with shiitakes . . . These are just some of the amazing uses and unique tastes featured in The Herbal Epicure, a one-of-a-kind treasury of practical gardening instruction, healing techniques, and fantastic recipes. Here are the miracle medicines that our great-grandmothers nurtured on sunny windowsills and in kitchen gardens, the folk wisdom passed from generation to generation, and the latest scientific confirmation of the efficacy of these traditional remedies. In addition, The Herbal Epicure provides a varied collection of innovative, contemporary and heirloom recipes for favorite and newly rediscovered herbs like burdock, nettle, lambsquarters, and lovage. Gardeners, health-conscious people, and haute cuisine and organic cooks are joining forces to spread the joy of herbal cooking for great taste and total nutrition. This carefully researched A-to-Z collection presents you with more...



Reviews

Comprehensive guide for publication lovers. it absolutely was writtern really flawlessly and valuable. You wont really feel monotony at whenever you want of your own time (that's what catalogs are for concerning if you ask me).

-- Rowan Gerlach II

This is an amazing book that I actually have actually read through. I am quite late in start reading this one, but better then never. You will not truly feel monotony at anytime of the time (that's what catalogs are for concerning should you ask me).

-- Scottie Schroeder DDS

Other Books



Your Pregnancy for the Father to Be Everything You Need to Know about Pregnancy Childbirth and Getting Ready for Your New Baby by Judith Schuler and Glade B Curtis 2003 Paperback

Book Condition: Brand New. Book Condition: Brand New.



Klara the Cow Who Knows How to Bow (Fun Rhyming Picture Book/Bedtime Story with Farm Animals about Friendships, Being Special and Loved. Ages 2-8) (Friendship Series Book 1)

Createspace, United States, 2015. Paperback. Book Condition: New. Apoorva Dingar (illustrator). Large Print. 214 x 149 mm. Language: English. Brand New Book ***** Print on Demand *****. Klara is a little different from the other cows, because she has a very special...



Flappy the Frog: Stories, Games, Jokes, and More!

 $Create space, United States, 2015. \ Paperback. \ Book Condition: New. \ 279 \times 216 \ mm. \ Language: English. \ Brand New Book ***** Print on Demand ******. Are you looking for a kid s or children's book that is highly entertaining, great for early readers, and ...$



The Sunday Kindergarten Game Gift and Story: A Manual for Use in the Sunday, Schools and in the Home (Classic Reprint)

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Excerpt from The Sunday Kindergarten Game Gift and Story: A Manual for Use in the Sunday, Schools and in...



Genuine] Whiterun youth selection set: You do not know who I am Raoxue(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date: 2012-08-01 Pages: 254 Publisher: rolls of publishing companies basic information title: Snow Man youthful selection set: I do...



The Perfect Name: A Step

Book Condition: Brand New. Book Condition: Brand New.