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COMPLETE CALORIE ADDER (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This blank book will help you keep track of the calories you consume at a given time period. To use this book simply fill the gaps in the provided template; enter the date and then list all the foods you ate (and the food calories) and sum the calories up so you know how many you consumed that day....

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- Authored by Lazaros Blank Books
- Released at 2016



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