



## Student Book 4 (Paperback)

By John Foster, Simon Foster, Kim Richardson

HarperCollins Publishers, United Kingdom, 2015. Paperback. Condition: New. 4th Revised edition. Language: English . Brand New Book. Your Life provides the only whole school solution for combining Citizenship and PSHE at Key Stage 3 and 4. The fourth editions of this bestselling series contains extensive materials on Economic Wellbeing and Financial Capability. Section 1: Personal wellbeing1. Developing your identity and imageA sense of identityBehaviour and self-image 2. Managing your emotions and moodsHow do you manage how you feel?Assertiveness 3. Changing relationshipsFriends and familyExploring love 4. Coping with crisesSeparation and divorceBereavementLeaving home 5. Thinking ahead - planning your futureAssessing your skills and investigating careersWhy work experienceGetting started on work experience Section 2: Social education6. Britain - a diverse societyHow did Britain begin there a national identity and culture in BritainIs Britain racist? 7. Human rightsWhat are human rights?What are responsibilities? 8. Rights and responsibilitiesParental responsibilityWhat is work?/The law at workConsumers and traders 9. Challenging offensive behaviourUnderstanding prejudiceFighting discrimination Section 3: Keeping healthy10. Healthy eatingEating and body shapeHealthy eating and junk food 11. Safer sex and contraceptionWhat is the right time to have sex?Practising safer sex 12. Drinking and smokingUnderstanding why people drink and smoke 13. Health mattersKeeping healthyHealthcare check Section 4:...



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