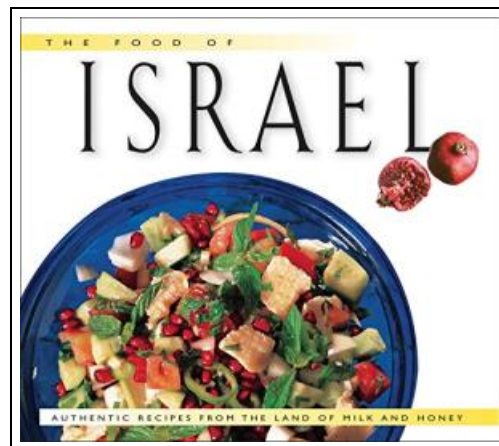


## The Food of Israel Authentic Recipes from the Land of Milk and Honey Food of the World Cookbooks



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## THE FOOD OF ISRAEL AUTHENTIC RECIPES FROM THE LAND OF MILK AND HONEY FOOD OF THE WORLD COOKBOOKS



Periplus Editions (HK) Ltd. Hardcover. Condition: New. 144 pages. Dimensions: 8.9in. x 8.0in. x 0.6in. The storied land of Israel is best known as the cradle of three great world religions: Judaism, Christianity and Islam. Since ancient times, the rich interplay of cultures in this region has fostered one of the world's most diverse and fascinating cuisines. Arab and Bedouin tribesmen, orthodox Christian groups and Jewish settlers from all corners of the globe have thrived here on an agricultural bounty of grains, fish, meats, citrus, milk and cheese, olives, figs, dates, grapes and pomegranates. Each group has contributed flavors and delicacies to the creation of Israel's present-day cuisine. From the Yemenite Jews come aromatic breads and spicy Zhoog sauces; from the Arabs, freshly ground Hummus and pomegranate salads. Gefilte Fish is a favorite of Ashkenazi Jews while Sephardic Jews savor the garlicky, peppery Hraymi fish. Enjoy the tantalizing flavors of Israel from such classics as Falafel in piping hot Pita, Chicken Soup with Matzo Dumplings, succulent Kebabs and hearty Jerusalem Chamin. As well as presenting a wide range of recipes, The Food of Israel introduces the reader to the fascinating culinary traditions of the land. Striking color photography and detailed information on cooking techniques make this book the ideal culinary guide to the land of milk and honey. Recipes include: Babbaghanouj, Jerusalem Kugel, Stuffed Vine Leaves, Roast Chicken with Onions and Sumach on Pita Bread, Goose Liver Confit, Lamb Kebabs, Mutabek (Sweet Sheep Cheese Pastry). This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Hardcover.



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