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Art of Reiki

By Lydia D. Thomson-Smith

Fastbook Publishing Feb 2013, 2013. Taschenbuch. Condition: Neu. Neuware - Please note that the content of this book primarily consists of articles available from Wikipedia or other free sources online. Did you know that the practice of Reiki allows individual to learn how to cope with pain Well, this is medical and scientific fact! Meanwhile, in the United Kingdom, parents have lost interest in treating their children with chemical substances. Over the past five years, British parents have developed particular likings for alternative medicines and treatments like yoga, acupuncture, massage, chiropractic or osteopathic manipulation and Reiki. The practice of Reiki has become very common since the Japanese technique has proved to eliminate headaches and reducing stress. Basically, experts have explained that Reiki is a noninvasive, ancient form of healing which works on enhancing every aspect of an individual's life. Reiki is also regarded as an art by various practitioners who uses its techniques for balancing the energies of the mind and the body. In the field of science and medicine, Reiki is considered as an effective method for treating mental disorders like anxieties, stress, depression. 120 pp. Englisch.


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