



How to Have Great Relationships (Paperback)

By Steve Wharton

W Foulsham Co Ltd, United Kingdom, 2005. Paperback. Condition: New. Language: N/A. Brand New Book. Throughout life, we are managed by our subconscious, using programmes laid down in childhood. These programmes create comfort zones - not all of them good. For example, if you were indulged with sugar as a child, then that's what's going to make your subconscious comfortable today. And subconsciously you will be continuously urged to maintain these bad levels of sugar. HVT reprogrammes your bad comfort zones automatically. Once reprogrammed, it gives you the confidence to confront your demons and regain control of your life. HVT will change the things you don't like about almost anything. This revolutionary method takes positive thinking to a whole new level and has already proved it has the power to change people's lives.



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