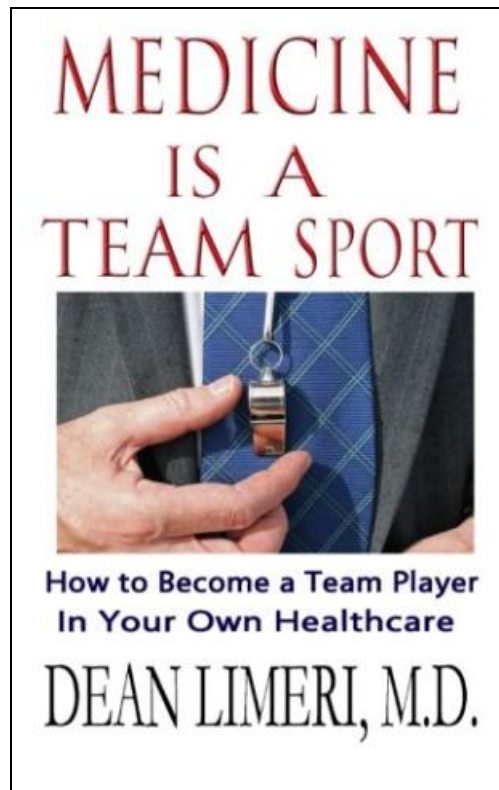


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Createspace, United States, 2012. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Today s healthcare landscape is more complex than ever. Insurance costs and medical bills have skyrocketed. Patients and doctors are squeezed by an impersonal system that reduces face-time during visits. Patients also have to grapple with different medical institutions to get care, as well as manage a slew of medications and treatments. It s no surprise that patients and their families feel lost and confused in the system. With over 20 years of experience as primary care physician, quality care advocate Dean Limeri, M.D. shows you how to cut through the complexity. The solution? Get the best possible care by becoming more engaged as a patient. Filled with practical advice, this book gives you what you need to know to become part of the team and to get in the game. Learn how to become a participant, not just a recipient of care. Medicine is a team sport. How do you join and play? This is your playbook. Sports-themed chapters, such as The Huddle and Calling the Signals, will teach you how to play on your physician s level. Filled with examples and cases from Dean Limeri s practice, you ll learn what and what not to do as a patient to get the best possible care. The result: a higher quality of care for you and your family.



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