



## Soul Centered: The Thoughts, Emotions Poetry of Jeff Motley

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By Jeff Motley

AUTHORHOUSE, United States, 2007. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.If someone had told me years ago that I was going to write a book, I would have told them that they were crazy! For years I've been writing down my deepest thoughts and emotions with absolutely no plans of exposing them to the public. These writings act as short stories that chronicle my life's experiences. These testimonies are emotional, some of them are spiritual, some of them funny, some painful, and some of them even deal with life's lessons that I had to struggle with on my own. There would be times when my closest friends would share their secrets with me and because I felt deeply moved from what they shared, I would put myself in their shoes and try to find a better way of resolving the issue. Some of these encounters have even frustrated me so deeply, that I would have absolutely no choice but to write them down, just to get them off my chest. My purpose is to inspire, motivate and encourage those who want to make a difference...



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