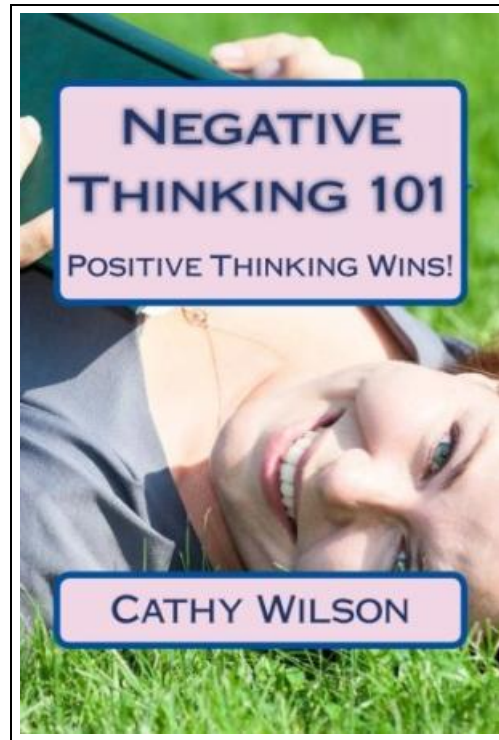


Negative Thinking 101: Positive Thinking Wins!



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Reviews

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Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Negative Thinking 101: Positive Thinking Wins by Cathy Wilson motivates you to get rid of the negative before it eats you up and spits you out! This book takes action showing you practical SOLUTIONS that change your NEGATIVE to POSITIVE. Scientists, psychologists, medical professionals and health and wellness experts worldwide know the key to making your life more productive, longer and enjoyable involves LEARNING how to recognize and address the negative and unconsciously switch your flip to positive. STRESS is negative and STRESS is the trigger for disease and eventual death. The doctor says so! Are you TIRED of feeling gloomy day after day? Do you WISH you were more productive at work? Does being the center of attention appeal to you? Would you like to get rid of your annoying aches and pains? Want to wake up every single morning bursting with POSITIVE ENERGY? If you ve answered YES then it s time to unveil some positive thinking secrets that make sense. YOU deserve to get rid of negative energy and make room for POSITIVE and Wilson EXPLAINS how. . What s Negative Thinking? . Learn How to Diffuse the Negative . Science Supports Positive Thinking . Your Thinking Determines Your Reality . Learn How to Flip Your Switch to Positive Just a few incredibly powerful themes discussed to make your life more productive, exciting, energetic, healthier and simply fantastic. Negative people, negative thinking and negative environment will suck you in and eat you up in you re not careful. Take action and open you mind to positive thought. Time for you to establish your glass as HALF FULL!.



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