



## Starting Rite: Spiritual Nurture for Babies and Their Parents (Mixed media product)

By Jenny Paddison

CHURCH HOUSE PUBLISHING, United Kingdom, 2015. Mixed media product. Book Condition: New. 234 x 170 mm. Language: English . Brand New Book. When Anglican priest Jenny Paddison became a mother, there were numerous activities for new parents and their babies on offer: baby yoga, baby massage, baby swimming - but nothing from the church. In response, she created this five session programme that connects with the immense sense of wonder and joy that new parents experience and provides spiritual nurture from the outset, recognising the innate capacity for spirituality with which we are born. Starting Rite is designed specifically for babies up to a year old and their parents. It provides a complete practical companion to offering the programme locally, including story scripts, simple songs, ideas for multi-sensory play, as well as lists of equipment needed and how to create a welcoming atmosphere. It explores Christian themes through activities like peek-a-boo, blowing bubbles and splashing in water. Starting Rite enables local churches to offer a welcome to all new parents, and can also be used as a baptism preparation course.



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