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Jill McKeever. Paperback Condition: New. 92 pages. Dimensions: 8.4in. x 5.8in. x 0.7in. O M Gee Good! Instant Pot Meals, Plant-Based and Oil-Free is the VERY FIRST plant-based, oil-free Instant Pot cookbook. Jill McKeever, author, wrote this family-pleasing cookbook solely for Instant Pot owners. Inside you'll find 34 plant-based, oil-free meals and sides your family will ask for again and again. Looking at the Instant Pot with all its function buttons can give some folks the feeling that cooking is made easier...

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- Authored by Jill McKeever
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