



## The Natural Navigator Pocket Guide (Hardback)

By Tristan Gooley

Ebury Publishing, United Kingdom, 2011. Hardback. Condition: New. Language: English . Brand New Book. Starting with a simple question - Which way am I looking? - Tristan Gooley blends natural science, myth, folklore and the history of travel to introduce you to the rare and ancient art of finding your way using nature's own sign-posts, from the feel of a rock to the look of the moon. With Tristan's help, you'll learn why some trees grow the way they do and how they can help you find your way in the countryside. You'll discover how it's possible to find North simply by looking at a puddle and how natural signs can be used to navigate on the open ocean and in the heart of the city. Wonderfully detailed and full of fascinating stories, this is a glorious exploration of the rediscovered art of natural navigation. The Natural Navigator Pocket Guide is a user-friendly, practical book and the beautiful illustrations are a useful tool to help travellers on their instrument-free journey.

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