



Med School 101 for Patients: A Patient's Guide to Creating an Exceptional Doctor Visit (Paperback)

By MD Kilbourn Gordon III

Archway Publishing, 2017. Paperback. Condition: New. Language: English . Brand New Book. This step-by-step guide will share strategies on preparing for doctor visits and communicating with doctors to get the most out of limited time. Taking the approach of working with your physicians as patient partners, the book suggests you first see your doctors as human beings. Learn their backgrounds, their biases, and their limitations. After years of interactions with patients, Kilbourn Gordon III, M.D., provides the innermost details of building a winning relationship with your doctor, which results in your best health. The author helps you understand the medical decision making processes and provides concrete steps to clarify diagnostic and therapeutic thinking. Elevate your visit to the highest possible level for the well-being of both you and your doctor. Achieve better medical outcomes in spite of shorter office visits, and boost your chances of living a longer, healthier life with the lessons in Med School 101 for Patients.



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