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## The Affirmation Station: Daily Affirmations and Journal (Paperback)

By Tania Joy Antonio

Balboa Press, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Since Tania was a young girl she had a dream of making an impact on people. She understands the potential of believing in yourself and wants others to know they too have the power to choose. Tania is a mother, which has inspired her passion to bring the power of positive thinking into a child's life from the beginning-teaching adults and children alike to understand the importance of being kind to one another and to live a life of gratitude, love, and compassion. Empowering children to have a positive mindset and believe in themselves. The Affirmation Station will contribute to people's lives and help guide them as they learn to affirm as a daily practice. All the images are hand-painted with watercolor paints and henna design. Tania was present for each painting as she and the artist brought her vision to life. The Affirmation Station is meant to empower children but will surely have an impact on everyone who reads it. The book also contains a journal giving children a place to self-express their own affirmations and practice an attitude...



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