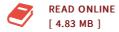# Borobudur: Buddha s Garden of Peace and Healing (Paperback)

By Karin Zwaan

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.A spiritual journey with Lama Gangchen through the flower-fields of love, compassion, harmony and joy Centuries ago in Java, Indonesia there was a king from the Sailendra dynasty, who called an architect, Gunadharma, to build an improbable construction. Hundreds of artists and workers may have taken three generations to realize Borobudur. The temple then saw the light only for a short period before being overwhelmed by volcanic lava, ash and jungle vegetation. A thousand years later the temple, which in fact is a three dimensional mandala, was excavated and restored in phases. Scientists and scholars continue to debate the meaning of the five Dhyani Buddhas and of the thousands of statues, images and symbols found on the galleries of the nine-storey stupa. In the last few decades, the Tibetan Lama Healer T.Y.S. Gangchen Rinpoche has gradually shown that the stupa mandala is a guide for the path to enlightenment according to all Buddhist traditions, for Tibetan Mahayana and Vajrayana Buddhism. In the nineties, he has revealed the NgalSo Self-Healing meditation method, based on the Borobudur mandala. This book conveys over fifty spiritual...

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