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The Space to Be: A Handbook for the Living (Paperback)

By Ronda Burke

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. If reality is what we perceive it to be, then our perceptions are where any spiritual seeker knows to focus in order to live a more gentle and joyful existence inside the mind. In this carefully crafted and uniquely inspired text, the reader is taken through six short concepts that assist in completing a strong and soulful view on the current human condition. Who are we really? How do we know what is illusion and what is real? How is it possible to remain in the present moment? What is ego and how can I make it work for me? Why does love hurt so much? What is the plan for my soul? THE SPACE TO BE creates a mini-classroom of sorts for the student of life. Through essay, interactive exercises and the sharing of personal stories, Ronda Burke creates a place for her reader to engage themselves in the sweet healing of false perceptions, negative body image and illusory fears. This HANDBOOK FOR THE LIVING is a resource for anyone searching for the more, for the magic and...

Reviews

Excellent eBook and helpful one. This can be for all who statte there was not a worthy of studying. You will not feel monotony at at any moment of your respective time (that's what catalogs are for regarding when you request me).

-- **Princess McCullough**

This publication might be worthy of a read through, and superior to other. It normally is not going to charge excessive. Its been written in an remarkably simple way and is particularly just after i finished reading through this book through which in fact transformed me, alter the way i really believe.

-- **Juston Mraz**