



Girls: What's So Bad About Being Good?

By Harriet S Mosatche Ph.D.

Prima Publishing,U.S., United States, 2001. Paperback. Book Condition: New. 229 x 185 mm. Language: English . Brand New Book. A Girl's Guide to Growing Up Being a girl is a lot of fun most of the time. But some days are really difficult. Dealing with a body that is changing before everyone's eyes, increasing amounts of schoolwork, boys, other girls, friends, makeup, clothing, parents. Wow! Life as a preteen or early-teen girl is tough, and that's why every girl has questions about growing up. Fortunately, now you have some help. Girls: What's So Bad About Being Good? is your new guide to surviving those trying times and feeling good about yourself in the end. Inside, a mom and her daughter--who's about the same age as you--team up to help you figure out what's really important in life and how you can become the person you want to be. You'll find some great ways to handle emotional issues and deal with daily crises as you discover how to: -Develop a positive self-image -Maintain healthy relationships with parents, friends, and boys -Deal with peer pressure, bullies, brats, and violence -Dream big and turn those dreams...



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