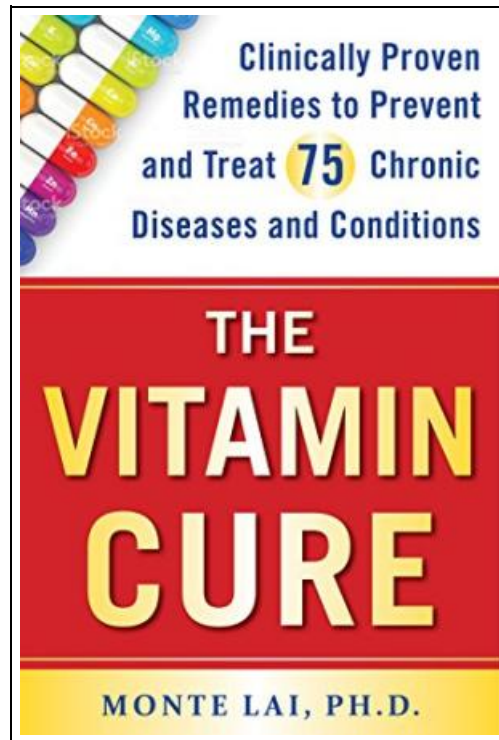


The Vitamin Cure (Paperback)



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THE VITAMIN CURE (PAPERBACK)



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Humanix Books, United States, 2018. Paperback. Condition: New. Language: English . Brand New Book. Based on over 40 years of research and hundreds of leading studies, The Vitamin Cure is a comprehensive guide to improving overall health with vitamin and essential element therapies. Modern medicine has done much in the field of acute conditions such as trauma, infections, burn, and bone fractures, but it has limited success in treating chronic diseases, such as Alzheimer s, Parkinson s, cancer, and diabetes among others. At present, the root causes of most chronic diseases are still unknown, and the drugs developed by pharmaceutical companies to treat chronic diseases actually treat only the symptoms rather than causes. According to Dr. Monte Lai, a nutrient deficient diet and unhealthy lifestyle are by far the two most important environmental factors associated with the causes of a host of chronic diseases. The Vitamin Cure provides a comprehensive overview of how vitamin and essential element therapies are the key to treating and preventing many of the chronic conditions. While the internet is chock full of health related information about vitamins and essential elements, it is difficult to sort through all available information to build a reliable knowledge base to improve health. The aim of this book is to provide readers with easily accessible evidence-based knowledge about vitamins and essential elements for prevention and treatment of chronic diseases. The Vitamin Cure relies on a statistical method known as meta-analysis (combining data from multiple studies) that is currently the most reliable method for assessing the efficacy of vitamins or essential elements in preventing or treating chronic diseases. The Vitamin Cure brings clinically proven remedies to light for any reader looking to improve overall health and prevent debilitating disease. This book contains five parts. Part one contains a brief history of...



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