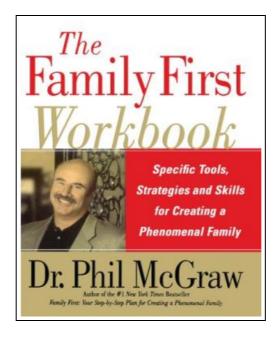
The Family First Workbook: Specific Tools, Strategies, and Skills for Creating a Phenomenal Family



Filesize: 7.88 MB

Reviews

Completely essential go through book. I actually have go through and i am sure that i am going to going to read yet again yet again later on. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Edwardo Rohan III)

THE FAMILY FIRST WORKBOOK: SPECIFIC TOOLS, STRATEGIES, AND SKILLS FOR CREATING A PHENOMENAL FAMILY



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Free Press. Paperback. Book Condition: New. Paperback. 256 pages. Dimensions: 8.9in. x 7.2in. x 0.8in.ln Dr. Phils 1 New York Times bestseller Family First: Your Step-by-Step Plan for Creating a Phenomenal Family, he gives parents courage and a solid understanding of the principles for making your family phenomenal. Now, with The Family First Workbook: Specific Tools, Strategies and Skills for Creating a Phenomenal Family, Dr. Phil puts you to work practicing purposeful parenting, walking you through scenarios and exercises in which you and your family will act on these proven principles to build pride, unity and hope for the future. Youll master a host of concrete, in-depth tools for raising happy children who approach the world with integrity, honesty and respect. Dr. Phil wants to help parents get their priorities back in order by putting family at the center of their lives. Families dont have to suffer through mediocrity because of parents who dont communicate and children who act out because they arent receiving the right balance of guidance and discipline. You can shape your household into a functional, supportive, stimulating and safe place -- a place that you and your kids are happy to call home. With innovative individual and group exercises, challenging self-appraisals, a Daily Intention Journal, specific guidelines on managing conflict, special material for divorced and blended families, and much more, the workbook will show you how to be the best role model, guide and advocate for your child. Dr. Phil makes you ask yourself the hard questions, and he reveals the hard truths. You are raising Americas future; you must invest the time and energy to do it right. The reward -- a happy, fulfilled home life that lets your children thrive -- will be well worth the work. This item ships from multiple locations. Your...



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