



## Depression Smackdown: Reality-Check Fixed What Medication, Therapy, and Love Failed

### By Mel Edwards

Votre Vray. Paperback. Condition: New. 120 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.Get the Reality-Check You Need to Fight Back Against Depression Are you depressed Have you tried the standard treatments with little or no results If so, Depression Smackdown is the book youve been waiting for. Therapy helps some; medication helps others but depression cant be cured by any one approach. If youre still searching for the right depression treatment for yourself or a loved one, please - let this book help you heal! Youre not alone 1 in 5 Americans suffer from major depression! Do you need a reality check to help you start winning the battle against depression Sometimes a catastrophic event can infuse you with the will to fight back. In Mel Edwards Depression Smackdown, youll discover what happened when she went to the ER for help - and was committed against her will. Let her story inspire you through your darkest hours! Depression is a global threat - the World Health Organization focused on it for the entire year of 2012 and observes World Mental Health Day every October 10th. Does someone you love suffer from depression You cant love depression away or carry this...



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