



## The backache the correct therapy S19(Chinese Edition)

By PING LIN LIE ZHU . QIAO FANG . LI XIAO YING YI

paperback. Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date:2001-10-16 Publisher: the Chinese textile basic information title: back pain correct therapy original price: 12 yuan by: Hirabayashi Lie. Joe Fang. Li Xiaoying Translation Press: China Textile Publication Date:2001-10-16 ISBN: 9787506419413 words: Page: Revision: Binding: Folio: Weight: Editor's Summary book's author lumbar disc herniation and low back pain etiology of the disease in layman's language to explain the experience of his 30 years of spine GP low back pain after the onset of rest. treatment. under what circumstances should the surgery. when surgery is appropriate. different lumbago diseases should adopted surgical methods for treatment. The book also tells the people's daily life. how to care for and protect the pillar of the human body - lumbar. and remind people recuperating after than low back pain and a variety of treatment is more important is to exercise the psoas and abdominal muscles firm up its can help the waist pressure. protect the lumbar spine. and lumbago gymnastics practice. The book is both theoretical and practical. easy to understand. to understand good helper for low back pain and...



## Reviews

This created publication is wonderful. it absolutely was writtern extremely completely and beneficial. I discovered this publication from my dad and i encouraged this publication to discover.

-- Kristina Kshlerin DDS

Completely among the best ebook I actually have possibly read. It can be rally fascinating through reading through period of time. I am very easily can get a pleasure of studying a written ebook.

-- Mr. Antone Rogahn Sr.