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Efectividad de las técnicas de fisioterapia en la fascitis plantar

By Díaz López, Ana María / Guzmán C, Patricia

Book Condition: New. Publisher/Verlag: Editorial Académica Española | Anatomía, anamnesis, diagnóstico y pautas de tratamiento fisioterápico de la fascitis plantar | La fascitis plantar es la afección más frecuente de dolor traumático en el tobillo-pie. Se presenta más en mujeres entre los 40-70 años con comienzo progresivo y difuso en la planta del pie o tobillo que poco a poco se agudiza impidiendo la marcha. El objetivo de este libro es determinar la efectividad de las distintas terapias físicas utilizadas en el tratamiento conservador de esta patología, tanto si son utilizadas individualmente o combinadas entre sí. Los tratamientos incluidos en esta obra son las terapias físicas manuales, estiramientos, distintas modalidades de electroterapia, ultrasonidos, iontoforesis, uso de material ortopedológico, vendajes, láser, magnetoterapia y acupuntura. Se excluyen los tratamientos farmacológicos exclusivos y el tratamiento quirúrgico. Además se incluyen diversas escalas y herramientas que faciliten un correcto diagnóstico de la fascitis plantar, así como una descripción de los más importantes ejercicios de estiramientos y pautas de tratamiento con las distintas técnicas fisioterápicas. | Format: Paperback | Language/Sprache: spa | 155 gr | 220x150x5 mm | 104 pp.



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