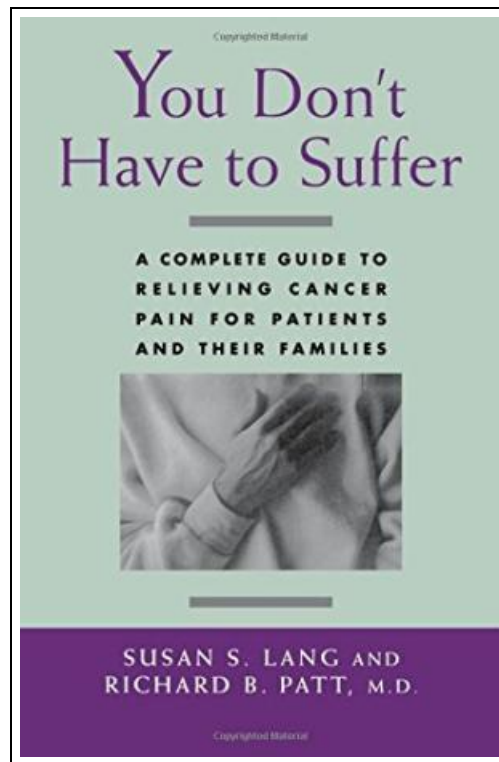


## You Dont Have to Suffer: A Complete Guide to Relieving Cancer Pain for Patients and Their Families



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### ***Reviews***

*Completely essential read through publication. It normally does not expense excessive. It is extremely difficult to leave it before concluding, once you begin to read the book.*

***(Morris Cruickshank)***

## YOU DONT HAVE TO SUFFER: A COMPLETE GUIDE TO RELIEVING CANCER PAIN FOR PATIENTS AND THEIR FAMILIES

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Oxford University Press, USA. Paperback. Condition: New. 384 pages. Dimensions: 8.0in. x 5.3in. x 0.8in. On March 2, 1994, the Agency for Health Care Policy and Research (a division of the Public Health Service) made headlines by releasing new cancer pain management guidelines. That report revealed that pain is frequently undertreated, and that relief is not only possible for most patients, but actually aids in recovery. For many cancer victims, the agency's guidelines offered new hope; for Dr. Richard B. Patt and coauthor Susan S. Lang, it was a resounding vindication of the findings they set forth in *You Dont Have to Suffer*. Written by one of the country's leading cancer pain experts and science writer Lang, *You Dont Have to Suffer* provides an invaluable, no-nonsense handbook for anyone with cancer, for anyone caring for a loved one with cancer, and for the doctors and nurses who treat these patients. The authors first illuminate the reasons why patients are so often undermedicated, including unfounded fears of addiction, patients thinking they need to tough it out, time-consuming paperwork for doctors who prescribe narcotics, and laws that fail to distinguish between drug abuse and the legitimate employment of narcotics. In a careful argument now taken up by the AHCPR's guidelines, Lang and Patt demonstrate that properly medicated patients are better able to resume active lives and marshal strength to fight their disease--while those in chronic pain not only suffer, but also may jeopardize their potential for recovery. *You Dont Have to Suffer* explores all the pain-relieving options available in the modern medical arsenal--from drugs and high-tech medical procedures to psychological and cognitive techniques and home nursing tips to make a patient more comfortable. Detailed chapters discuss the medications that can fight cancer pain or relieve the undesirable side effects of chemotherapy, radiation, surgery,...



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