



Chains Be Broken: Finding Freedom from Cutting, Anxiety, Depression, Anorexia, and Suicide

By Shannon Leigh Rowell

Higherlife Development Service, United States, 2010. Paperback. Book Condition: New. 213 x 137 mm. Language: English . Brand New Book. Shannon listened as the counselor talked to her mother. He explained that kids involved with cults have a very low recovery rate. Add anorexia, depression, cutting, and substance abuse, and Shannon was quickly labeled a lost cause. Be prepared, the counselor told Shannon s mother. You may lose your daughter. There are no lost causes! Chains Be Broken is Shannon s story, told in her own words. Maybe it is your story too, or the story of a child or loved one. The details of Shannon s spiral into the depths of darkness are not for the faint-of-heart- yet her story is full of hope and the power of God to break even the strongest chains that surround a young person s heart.



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