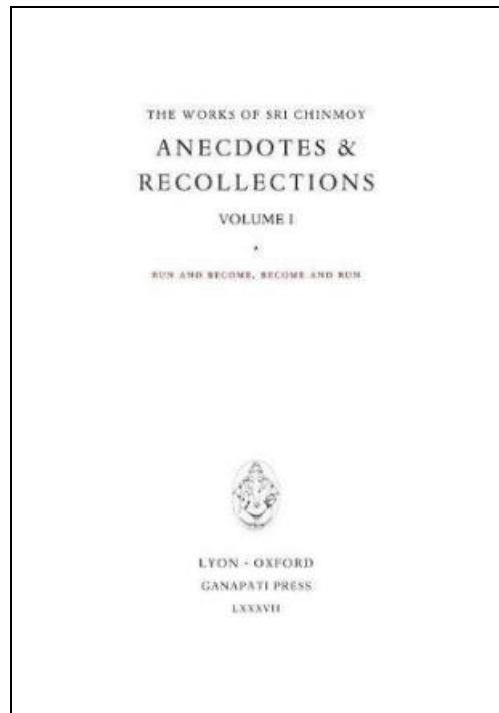


Anecdotes I: Run and Become, Become and Run (Hardback)



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Reviews

It is in a single of my favorite pdf. Yes, it is engage in, still an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Dr. Keeley Windler)

ANECDOTES I: RUN AND BECOME, BECOME AND RUN (HARDBACK)



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Ganapati Press, 2017. Hardback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Sri Chinmoy's interest in running dates back to his youth. At the ashram, or spiritual community, where he lived from the ages of 12 to 32, he was the top-ranked sprinter and, for two consecutive years, decathlon champion. It wasn't until the fall of 1978, however, that he first became interested in long-distance running. Since then, he has pursued the sport with the same one-pointed intensity that he has brought to his various literary, artistic and musical pursuits. For Sri Chinmoy, running -- like writing, painting and composing -- is nothing but an expression of his inner cry for ever-greater perfection: perfection in the inner world and perfection in the outer world. Our goal is always to go beyond, beyond, beyond, he says. There are no limits to our capacity, because we have the infinite Divine within us, and the Supreme is always transcending His own Reality. Sri Chinmoy regards running as a perfect spiritual metaphor. Try to be a runner and go beyond all that is bothering you and standing in your way, he tells his students. Be a real runner so that ignorance, limitations and imperfections will all drop far behind you in the race. In this spirit he has inspired countless individuals to run -- both literally and figuratively. Who is the winner? he writes in one of his aphorisms. Not he who wins the race, but he who loves to run sleeplessly and breathlessly with God the Supreme Runner. As a fully God-realised spiritual Master, Sri Chinmoy has consecrated his life to this divinely soulful and supremely fruitful task. At the same time, on an entirely different level, he has made some significant contributions to the sport...



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