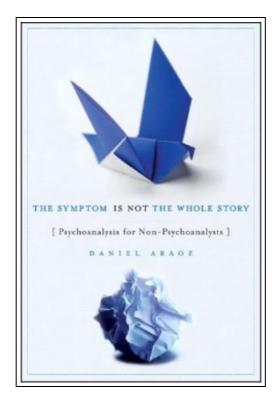
### The Symptom is Not the Whole Story: Psychoanalysis for Nonpsychoanalysts (Paperback)



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### Reviews

Very useful to all of class of people. It is really simplified but unexpected situations within the 50 % in the ebook. I am delighted to let you know that this is actually the best book i have read in my personal daily life and can be he finest ebook for at any time.

(Gwen Schultz)

# THE SYMPTOM IS NOT THE WHOLE STORY: PSYCHOANALYSIS FOR NON-PSYCHOANALYSTS (PAPERBACK)



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Other Press LLC, United States, 2006. Paperback. Condition: New. New. Language: English. Brand New Book. A practical introduction to contemporary psychoanalysis that is accessible to all mental health professionals. Trained mostly in cognitive-behavioral methods and techniques, many recent graduates from psychology, counseling, family therapy, and other mental health programs have not been exposed to psychoanalysis as a vibrant, practical, and beneficial approach to human problems. In The Symptom is Not the Whole Story, Araoz introduces the functional benefits and applications of psychoanalysis for these practitioners. Focusing sharply on the unconscious and its use in psychotherapy, this nononsense book illustrates how psychoanalytical thinking can transform peopleaAos lives, thanks to the therapist s active interventions and destabilizing interpretations. Written in a vivid and clear style, where clinical examples pointedly illustrate the psychological issues at hand, this book reverses the commonly held idea that psychoanalysis requires years of treatment before showing results. Araoz s talent resides in his ability to teach mental health, marriage, and family counselors how to use psychoanalytic techniques without having been trained primarily in the discipline. All will find this book to be of particular benefit, discovering valuable guidance and applicable instructions for the use of psychoanalysis in their own therapeutic practice.



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