

Your Hcg Diet Recipes Tips, Volume 2 (Paperback)

By Sadie J Salazar

Createspace, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The new HCG Diet Recipes and Tips Volume 2 book contains over 200 new HCG diet friendly recipes and several helpful tips on helping you be successful on the HCG diet. Being overweight hurts more than just your physical appearance. It is linked to emotional issues, health issues and much more. This book is dedicated to anyone on the HCG diet who needs a little more variety in their foods. Oftentimes HCG dieters can find themselves being bored with the foods they can have. You will love the delicious recipes. Here s to a healthy life.



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