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500 Budget Recipes: Easy-To-Cook and Delicious Dishes for All the Family, Offering Fabulous Recipes That Make the Most of a Thrifty Food Budget

By Lucy Doncaster

Anness Publishing. Paperback. Book Condition: new. BRAND NEW, 500 Budget Recipes: Easy-To-Cook and Delicious Dishes for All the Family, Offering Fabulous Recipes That Make the Most of a Thrifty Food Budget, Lucy Doncaster, This book offers 500 recipes that will help you create appetizing, sustaining meals without spending a fortune. Buying economical cuts of meat and bulking them with pulses and vegetables gives delicious results, while making more of locally grown vegetables and cheap pasta and rice dishes will save you money. The book offers every kind of dish, from soups and appetizers to meat, poultry and fish recipes, as well as side dishes, desserts, cakes and bakes. A chapter on preserves helps you make the most of seasonal bounty and food from the hedgerow. This volume is the ultimate resource for anyone who wants to eat well while staying on budget.



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