



A Beginner s Guide to Winter Survival - How to Survive Cold Weather (Paperback)

By Dueep J Singh, John Davidson

Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. A Beginner s Guide to Winter Survival - How to Survive Cold Weather Table of Contents Introduction Winter Storms and Warnings Freezing Rain Winter Preparation Winter Clothing What Do You Do in Cases of Frostbite? Symptoms of Frostbite Hypothermia Traveling In Harsh Weather Caught in a Blizzard Sheltering from Blizzards in Your House Defrosting Frozen Pipes Winter Survival Kit When to Call 911 Winter Fuels Carbon Monoxide Another Heating Tip Appendix Long-Lasting healthy foods Granola Pemmican Making Biltong the Traditional Way Conclusion Author Bio Publisher Introduction Mankind has been looking for the best ways in which to survive the harsh winter, for millenniums. That means that he knows that at one particular period of the year, he is going to be subject to ice, snow and cold temperatures. He is also going to face blizzards and storms. As man has not been built by nature to curl up in a warm cave and hibernate throughout the winter like more sensible animals, the onset of winter brings with it the heightened sense of self-preservation. In olden days, all man could...



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