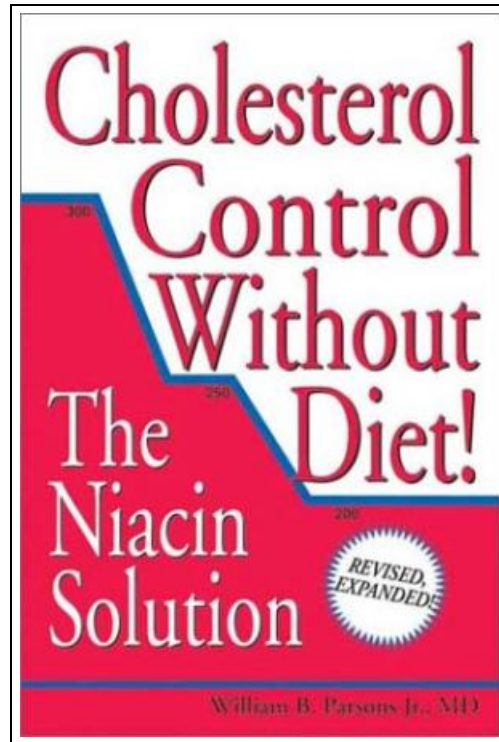


Cholesterol Control Without Diet: The Niacin Solution



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Reviews

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(Coleman Kreiger)

CHOLESTEROL CONTROL WITHOUT DIET: THE NIACIN SOLUTION

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Lilac Press. Paperback. Book Condition: New. Paperback. 308 pages. Dimensions: 9.0in. x 6.1in. x 0.7in. 2001 UPDATE: PAUL HARVEY STILL LIKES THIS BOOK! On his 21401 newscasts, Paul Harvey again referred to CHOLESTEROL CONTROL WITHOUT DIET! THE NIACIN SOLUTION. He cited a recent report at the American Heart Association annual meeting in which a combination of niacin and simvastatin (Zocor) reduced heart attacks and other coronary events by 70 in a 3-year study of persons who already had coronary disease. Then he asked his listeners not to say that Paul Harvey said they didnt have to diet and should take niacin, but he told them to have their doctors watch the New England Journal of Medicine later this year for the report. He went on to say, Meanwhile, YOU can read about the cholesterol matter in a book by Dr. William B. Parsons Jr. At this point he DID NOT give the books title, sending listeners to their bookstores or to AMAZON. COM with just the authors name. He was right in saying that the book is readable by the general public and gives its readers a handle on the cholesterol situation they have not had before. Heres the news release from which Mr. Harvey excerpted this item: B-VITAMIN NIACIN IMPROVES RESULTS OF STATINS BY RAISING GOOD CHOLESTEROL. Combination Reduced Coronary Events by Phenomenal 70. Niacin, a B-complex vitamin known as a cholesterol-reducing agent since 1955, greatly reduces heart attacks and strokes when used with statin drugs, according to two recent reports at meetings of heart specialists. Dr. Moti Kashyap (Long Beach, CA) and Dr. Greg Brown (Seattle) each studied niacin-statin combinations and found markedly better cholesterol results than with either drug alone. Both drugs lower bad cholesterol, which fell 45 in Kashyaps 800-patient VA study, but niacin also raises good...

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