



By Margaret Brennan Bermel

Xlibris Corporation. Paperback. Book Condition: New. Paperback. 120 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. . . . there exists in the universe. . . the Physics of the Quest - a force of nature governed by laws as real as . . . gravity or momentum. Quest Physics. . . goes like this: If you are brave enough to leave behind everything familiar and comforting. . . and set out on a truth-seeking journey, and if you are truly willing to regard everything that happens to you on that journey as a clue, and if you accept everyone you meet along the way as a teacher, and if you are prepared. . . to face. . . some very difficult realities about yourself. . . then truth will not be withheld from you. (from the movie Eat, Pray, Love). Last year was a very scary year for me. I was entering uncharted territory. The term Quest Physics is the best way to describe my approach to this situation. I am learning to live in the moment. It is natural to reflect backward or to project forward. Like most people, I like to think about where Ive been and where I...





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