



Cuban Home Cooking: Favorite Recipes from a Cuban Home Kitchen (Paperback)

By Jane Cossio

Seaside Publishing, United States, 2013. Paperback. Condition: New. Revised. Language: English . Brand New Book. You ll learn how to make a variety of appetizers and sides; delicious entrees featuring chicken, beef, pork, and seafood; delectable sweets; and even the perfect Cuban sandwich. This revised edition includes additional recipes. Most ingredients can be found in your local supermarket, and a useful glossary provides ideas for substitutions if you don t have some of the ingredients on hand. Jane Cossio and Joyce LaFray, both experts in Cuban cuisine, have decades of experience cooking Cuban dishes in their own kitchens. Their simple and easy-to-follow recipes include caldo gallego (a luscious soup with chorizo and greens), tanos dulces fritos (fried sweet plantains), ropa vieja (shredded beef), flan (Cuba s most popular dessert), and of course, real cafe Cubano - the finishing touch to any home-cooked Cuban meal.

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