



Heels on Wheels: A Lady's Guide to Owning and Riding a Bike

By Katie Dailey

Hardie Grant Books. Paperback. Book Condition: new. BRAND NEW, Heels on Wheels: A Lady's Guide to Owning and Riding a Bike, Katie Dailey, Learning to ride a bike is easy, but getting back on one if you're over the age of 12 - and have developed a penchant for high heels - can be a daunting task. In Heels on Wheels Katie Dailey offers sage advice to the modern gal who would like to get back in the saddle after a short (or very long) hiatus. Find out how to choose your trusty steed, stay safe on the road, fix a puncture and select the best lock for your bicycle. As well as this, more pressing issues are covered, including how to combat helmet hair, wearing a skirt without losing your dignity, and all the exciting things you can buy to pimp your ride. So whether you plan on being a weekend cruiser, or a riding-in-all-elements fanatic, Heels on Wheels will make you fall in love with cycling all over again.



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Reviews

This publication may be worth purchasing. I am quite late in start reading this one, but better then never. It is extremely difficult to leave it before concluding, once you begin to read the book.

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Here is the best pdf i actually have go through till now. We have study and i also am certain that i am going to planning to go through once again once more in the future. You will not sense monotony at at any time of the time (that's what catalogs are for regarding in the event you question me).

-- **Frederique Rolfson**