

## The Kiteboarding Manual: The essential guide for beginners and improvers (Paperback)



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### **Reviews**

*It is fantastic and great. Sure, it is perform, nonetheless an amazing and interesting literature. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

*(Conor Grant)*

## THE KITEBOARDING MANUAL: THE ESSENTIAL GUIDE FOR BEGINNERS AND IMPROVERS (PAPERBACK)

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Bloomsbury Publishing PLC, United Kingdom, 2015. Paperback. Condition: New. Language: English . Brand New Book. The Kiteboarding Manual is your complete practical guide to this fast-paced and addictive sport. It ll get you started with the kite and take you throughto flying it on the water, jumping, tricks and racing, as well as covering weather, wind and tide theory and helping you select the right kit. Sections cover: The origins of kiteboarding and massive rise in popularity in recent years How a kite flies and basic weather principles as well as background on tides and currents, waves, and wind vs tide Getting started on land - LEIrrigging, assembly, launching and flying, body-dragging How to master your board skills -turns, stopping, rules of the road Going upwind, riding toeside, turning and transition Moving fast and riding waves; learning to tack and gybe Details on all kiteboarding disciplines from speed kiting to kiting on land How to improve your performance and enjoy incredible airtime! Packed with step-by step photo sequences explaining the basic moves all the way through to more advanced tricks, and including information on competitions and becoming an instructor, this is a book no kiter will want to be without.

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