



Into the Stillness: Dialogues on Awakening Beyond Thought (Paperback)

By Gary Weber, Richard Doyle

Non-Duality Press, United Kingdom, 2015. Paperback. Condition: New. Language: English . Brand New Book. At once extraordinarily wide-ranging and sharply focused, Into the Stillness offers several deceptively simple and informal conversations about life, existence, and identity in one book. This is an important book. Don't be misled by the casually graceful repartee and lightness of touch. Without dogma, without heavy shoulds and should nots, authors Gary Weber and Richard Doyle point toward something eternal, framed in our twenty-first-century understanding of neuroscience, spirituality, and something that arises from, and returns to, the Stillness and the Silence. In Into the Stillness, Weber and Doyle offer a practical investigation and guidance toward the sweetest, fullest, most loving, caring, and manifesting experience that anyone could ever wish for. Chapter headings include Using dialogue for awakening, Can you do nothing and awaken?, Why do we fear emptiness, silence, and stillness?, and Functioning without thoughts: sex, psychedelics, and non-duality. As a journey, this collection of dialogues is inspiring, shifting, and full of little moments of insight that will linger for a long time afterward.



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Reviews

The book is fantastic and great. It normally will not cost an excessive amount of. I am just easily could possibly get a satisfaction of reading a published ebook.

-- **Edgar Witting**

Absolutely among the best publication I have got at any time go through. It really is written in straightforward phrases rather than hard to understand. Its been designed in an extremely straightforward way which is just soon after i finished reading this publication through which basically modified me, alter the way i believe.

-- **Mrs. Velda Tremblay**