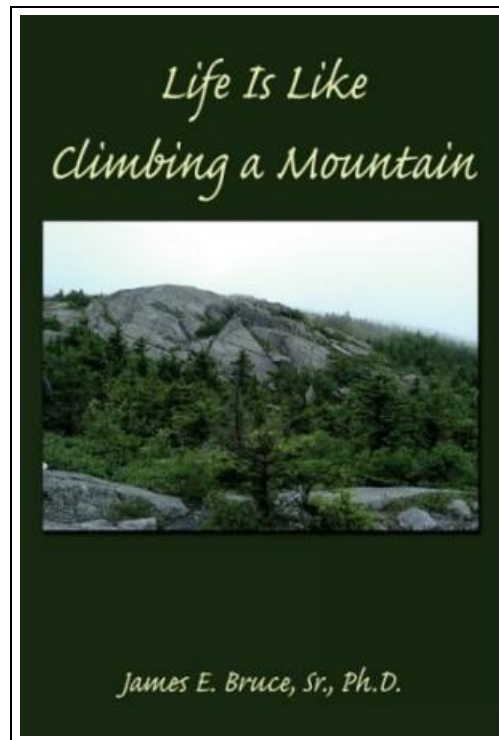


Life Is Like Climbing a Mountain



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Reviews

It is one of my personal favorite books. It is written in easy terms and never hard to understand. It has been designed in an exceedingly easy way and it is only after I finished reading this publication by which in fact changed me, change the way I think.
(Lucinda Stiedemann)

LIFE IS LIKE CLIMBING A MOUNTAIN



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AuthorHouse. Hardcover. Book Condition: New. Hardcover. 160 pages. Dimensions: 9.0in. x 6.0in. x 0.5in. The objective of this book is to inform, educate, inspire, and motivate individuals and groups toward understanding oneself and others through a literal or virtual mountain climbing experience. The aim is to introduce the reader to a literary journey that involves the process and the act of mountain climbing. This book brings forth the recognition that, just as literal mountains may be comprised of rocks, trees, ice, snow, and dirt, either singularly or in any combination, so, too, are we, as individuals, comprised of differing traits, strengths, values, mores, and beliefs that offer both specific strengths and weaknesses that alternate given the environment that surround us, the situation presented to us and what we feel within us. A volcanic mountain, it should be noted, is more representative to ones inner self. Similar to that of this living rock, changes occur subtly, deep within us, sometimes immediate and many times occurring unnoticed by us over long periods of time. Like the sudden sight of smoke or vibrations felt from underground, it is only during the external expression of change do we realize that we, and those around us, are merely experiencing the change that has long since occurred. The inherent volatility of this living rock parallels the vulnerability, potential explosiveness, and yet the total dependencies that exist in the individual human experience, as well as within our local and world communities. These physical mountains are used as a metaphor to offer insight into understanding the dynamics and challenges that are involved in the process of climbing a virtual mountain. The mountain climbing process might become more meaningful to an explorer who climbs a virtual mountain that may ultimately take the form of realizing a goal, dream, or aspiration....



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