



## The Affirmation Handbook: An Energy Charged Path to Growth

By Antoinette Spurrier

Antoinette Spurrier. Hardcover. Condition: New. 92 pages. Dimensions: 9.1in. x 6.1in. x 0.5in. The Affirmation Handbook: An Energy Charged Path to Growth is the fourth installment in Antoinette Spurrier's series on creating an empowered life and deliberate happiness. She explores ideas, principles and practical exercises that show readers how to ignite the power of spiritualized affirmations to change consciousness and experience powerful transformation and growth. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Hardcover.



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